



ASK A FLAWLESS-FACED woman over 35 about her antiaging routine and there's a good chance she'll tell you (1) she sees a dermatologist regularly and (2) she swears by products made or sold by that physician. "The difference between over-the-counter skin-care products and those found in a doctor's office is that you won't find anything with unsubstantiated claims," says Shino Bay Aguilera, a Florida dermatologist. M.D.'s can also sell more powerful (and consequently more effective) ingredients and formulations than stores can. Here are the cult favorites that are flying out of doctors' offices across the country.

WRINKLE RELAXERS *Teoxane RHA Serum, \$185*: Fans refer to this Swiss-made RHA (Resilient Hyaluronic Acid) serum as filler in a bottle. "Unlike most hyaluronic acids, which rapidly break down before penetrating the skin, Teoxane's HA is cross-linked and durable," says New Orleans dermatologist Mary Lupo, which means it keeps wrinkles plumped all day long. *Rejuvenex Ultra Hi-Power Capsules, \$62 for 180*: Ladies of every age pop four to six of these antioxidant-rich supplements daily to tighten skin and banish fine lines. They're loaded with astaxanthin (which improves skin elasticity), vitamins, and a dose of resveratrol equivalent to the amount in 500 glasses of red wine, but "what really sparked my interest was [the ingredient] RNA [ribonucleic acid]," says New York dermatologist Francesca Fusco, who takes the vitamin daily. "Research shows that it can promote an antiaging response in your body."

EYE DE-PUFFERS *Living Proof Neotensil, \$500 for a seven-week supply*: Women plagued by under-eye bags—bulges of fat that push the skin forward—are saying that Neotensil's results "truly rival surgery," says Julie Karen, a dermatologist in New York. Two serums form a (temporary) tightening film, which compresses and smooths the area instantly. "It does for your bags what Spanx does for your abs," says Fusco. Within one hour, "it will look like you've had a lower-lid eye job," Karen adds. *Environ Ionzyme C-Quence Eye Gel, \$86*: You've probably heard that vitamin C is crucial

INSIDER SKIN SAVERS

*Women in the know are talking about
the new complexion perfecters sold exclusively
at dermatologists' offices*

for preventing free-radical damage. Environ takes a unique approach to ensure penetration without irritation by encapsulating vitamin C into fatty acids, says Aguilera, instead of the traditional and less stable water-soluble form, making it 10 times more active in firming and smoothing skin around the eyes.

SKIN BRIGHTENER *Vivité Vibrance Therapy, \$119*: The radiance-boosting line yields lightening results on par with prescription hydroquinone but without the side effects. It also softens rough skin. It's popular because "the specific combination of glycolic acid and antioxidants seems to promote significant improvements in tone and texture on a wide range of skin types," says Adam Kolker, a plastic surgeon in New York.

ACNE AIDS *BeautyRx by Dr. Schultz Z-Stick, \$65*: To quickly treat flare-ups, patients of New York dermatologist Neal Schultz live by his custom-blended blemish stick and see results in as little as 24 hours. "The combined potency of triamcinolone and tea tree oil reduces inflammation, and clindamycin kills the bacteria," explains Schultz. *EltaMD UV Daily SPF 40, \$26*: Acne sufferers are often wary of applying sunscreen, and rightfully so—some formulas can cause breakouts. EltaMD is ideal for those with an oily complexion who hate the feel of sunscreen on their skin. The noncomedogenic formula means it won't clog your pores, and the clear-drying zinc oxide is a perfect makeup primer. "It's as elegant as a facial sunscreen can be," says Karen. The new tinted version (\$28) camouflages redness too.

SPF WITH BENEFITS *Revision Skincare Intellishade Broad-Spectrum SPF 45 Tinted Moisturizer, \$52*: If you have time to apply only one product before rushing out the door, this is it. A beauty editor favorite, this multitasking wonder bundles powerful sun protection, antiaging ingredients (peptides, antioxidants, and botanicals), and tinted moisturizer in one easy package that not only helps fake the appearance of a good night's rest but also "fades brown spots and minimizes pores over time," says Lupo. **Jessica Prince**